

atao news

published by the art therapy association of oklahoma
 an affiliate of the american art therapy association

July 2012

message from the president...

Hope all of our members are staying cool and doing well this summer. ATAO has had a very productive and fun year so far! More fun to follow as Joan Phillips has scheduled a fall retreat for us Oct. 12-13 in Norman. Friday night there will be a creative meeting at the Postal Training Hotel and then the next day we will be at an artist's studio just outside of Norman . Please see Joan's vivid description and photos of this artist's studio location elsewhere in this newsletter. Be sure and save the dates of October 12-13! I like to dream about October and pumpkins when it gets this hot. Having a fall retreat to look forward to in October blends in nicely with restoration and renewal as the weather and season changes.....

We had a wonderful workshop and conference with Lani Gerity on June 1-2. The theme of the conference was the "**Art of Flourishing**." The workshop was doll making; our dolls were so creative and inspirational. Pat Lynn Moses was the workshop chair and ATAO thanks her for all of her organizational assistance coordinating it. It was great to be on the Paseo for this workshop. Thanks to Rainbow Fleet on the Paseo for their generosity loaning their space for the day. Thanks so much to the Veterans Administration Health Wing as well for their space for our annual conference. The space is so ideal for our conference requirements. Our breakout presenters, Kris Newlin, Dawn Truby, Maureen Harvey, and Pat Lynn Moses did exceptionally well directing the attendees in art therapy directives. It is always good to learn new skills for clients, offering insights and original ideas for our work lives. Phyllis Pennington, our newsletter coordinator also assisted with the conference. VA's art therapists, Dawn Truby and Maureen Harvey's donation of time and effort were greatly appreciated. LOTS of CEU's were gathered. For those of you who couldn't make it, April 6, 2013 is on the ATAO calendar for the next conference at the same site, the VA Health Wing, so save that date too. We decided that an earlier in the year date might work out better for people scheduling CEU choices before June 30th.

Stay cool and enjoy the more relaxed summertime energy since it is **too** hot to move that fast,

Suzanne Morris

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ATAO Workshop & Conference Memories!



Pat Lynn Moses introduces Lani Gerity at the Doll Making workshop held at the Rainbow Fleet quarters on the Paseo.

The workshop was held on Friday, June 1st.

The picture below shows samples of what the participants created during the workshop and then displayed for the First Friday Art Walk that same evening.

Right: Misty Vekas displays her colorful creation from the workshop.



The dolls and houses pictured here were displayed at the workshop and are only a small sample of the creations by the workshop participants.



Above: More dolls & houses from Lani's workshop

These delightful dolls and houses just kept "showing up" at the conference.

Not only are they delightful to look at, they show how much fun the workshop participants had.

Left: Dr. Joan Phillips gave a powerpoint presentation covering her Fulbright sabbatical in Ireland.



Conference News:

Lani gives directives for groups to create a solution for strengths and balances

Below: Beautiful purple hair on a worker in Lani's breakout session.



Below: Hard at work creating the solution to our directives.





Showing off our efforts

Left: Dawn Truby shows off her group's efforts at creating balance between our strengths and challenges.

Below: Each group's representative shows and explains the solutions they chose to meet the challenge of the directives.

This exercise was a learning experience in cooperation, communication and sharing.

There was a real bonding and community that occurred in our group. Wow! No wonder they call this **Art Therapy!**



Show and Sell Art Market

The artwork displayed and sold in the Show and Sell Art Market (run by Dawn Truby) was very impressive. Thank you, Dawn, for coordinating that booth.

member news...

Dr. Joan Phillips — I am in Ireland teaching at the Cork summer art therapy program. You can see and follow my blog if you'd like at www.artpoetrytherapy.wordpress.com.

Pat Lynn Moses is scheduled to travel to Italy for a workshop in 'Watercolor Sketching and Art Journaling' with Sharon Zeugin. She's bound to have some good information to show and share when she returns.

The ATAOC Conference was held June 2nd at the Veterans' Medical Center, Health Wing and the Keynote speaker was Dr. Lani Gerity of Nova Scotia. Dr. Gerity also held a 'doll-making' workshop on June 1st. The conference attendance was 40 and the workshop hosted 20 participants.

The ATAOC website is still undergoing updates and growth. Please visit our website (www.ataok.org) to check for the latest events, updates and contact information as well as to access the quarterly ATAOC Newsletter issues (www.ataok.org/newsletters.html).

A Reminder From the editor...

Submit your news by the 15th of the month prior to the next issue. The submission deadline date for the October issue is September 15, 2012. Let us know what you're up to.

Workshops and Retreats...

ATAOC Fall Retreat

October 11-12

Joan Phillips has scheduled the fall Retreat. For more information on this much needed R&R, read the attached brochure.

Art Therapy Association of Oklahoma

Fall Retreat October 12-13, 2012 Norman Oklahoma

As Fall begins to draw to a close and we move toward winter, we all need a time to renew and save up our creative fire for the wintry days ahead. This retreat/workshop will provide just that.



Gaze out on this and think of the relaxation and creativity you need to strengthen....



View from the covered porch near the studio, it includes a fireplace, if there is a chill in the air ...

-the program Saturday will be at an artist's home and studio less than two miles from the hotel, located on 30 acres including a pond, dock, gazebo etc; full gorgeous studio space to work in, large covered patios and veranda's to sit on and work, draw, write, read, doze, talk.... whatever you need to do to re-create yourself; no program per se but some stimulus for creative ideas and a few times during the day with

the option to gather and share your work in progress, to talk, or just to listen as others share. There will be some scheduled times to meet as a group and share work-in-progress or to focus on themes that may arise. All optional.

- **LUNCH** is included as are snacks and drinks- graze all day as you re-create and rest; plenty of spaces to sit or wander. All areas are covered so this is a rain or shine event... Studio is indoors and air conditioned with all facilities on-site.
- **8 ceu's** will be provided and have been approved already- total of 8 for the very low price of **\$75** which includes Friday night meeting, snacks and lunch on Saturday (breakfast is provided as part of the price of the lodging)

Schedule

IF you want to bring family or friends you can, but only members of ATA0 can attend the actual Saturday part of the retreat, but others can enjoy the comfortable hotel, workout center, pool and comfort for one or two nights... our rate is good both Friday and Saturday nights so no need to rush home.... Stay over Saturday nite at same rates.

Friday, Oct. 12: arrive Norman postal training center *before* 6pm, check into rooms, food court meal is \$15 and very dee-lish. Evening ATA0 meeting at the training center in a meeting room - program etc. and meeting approved for **2 ceu's**... 7-9 pm, later- optional hot tubs, drinks, slumber parties in suites, conversation and hanging out.

Saturday, Oct. 13: Breakfast 7-9 (included in hotel price) then at 8:45am meet in lobby to caravan to the studio site for the day - it is less than 2 miles away and those who like to walk or run can be provided a

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map..... 9-4 artmaking, hanging out, conversation, meditation, small group discussions and sharing. Leave the studio by 4 but optional continuations of connection and renewal at the hotel for Sat. evening.

Left: Plenty of work space in the air-conditioned studio that overlooks the property, lake and gazebo. Gazebo has table and chairs as well and both it and the small dock can be places to work.

- Our lodging and Friday night meeting will be at the NCED (or Postal Training Center as it is known) is right on Hwy. 9 and

provides comfortable, economical lodging that pampers you. It has a saline pool (it's outdoors so if weather allows), workout center, whirlpool/hot tub, on-site bar and restaurant... at a great rate and very convenient and easy to find.

- cozy guestrooms: choose either one with two twins or one queen (89) or a suite (139) that has two rooms each with a queen bed as well as a fold out sofa in the living area. All have white duvet covers and Euro Pillows plus a host of extras
- Enjoy everything from cable television with premium channels to blackout drapes to complimentary high-speed Internet access.
- Cable TV w/Premium Channels
- Complimentary High-Speed Internet Access (wireless)
- Blackout Drapes
- Complimentary Coffee and Tea Maker

What do you need to do? It's as easy as 1-2-3 but do it **NOW**....

1. Book your lodging yourself through the NCED, you can get a room with two twin beds, or a room with one queen bed, both are at the retreat rate. You can do this online at <http://cc.nced.com/> or call **405-447-9000**
2. Mail your check made out to ATAO for \$75 to

ATAO, PO Box 20231, OKC, OK 73156- 0231

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3. Show up Friday night October 12; bring any art you want to work on, or the seed of an idea or project to spend some focused time with at the retreat. Bring your own supplies for whatever you want to work on but there are some additional basics at the studio. You might want to journal and sketch, you may want to continue on something you are working on, you may want to bring random supplies and see what develops, you might want to make a vision board... this is **RETREAT** and renewal, not hard work or mandatory productivity.

Some links you might find of interest...

Social Justice Art Therapy:

<http://www.socialjusticearttherapy.blogspot.com/>

Art Therapy Volunteer Action Center:

<http://atvolunteeractioncenter.wordpress.com/>

Global Art Therapy Network:

<http://arttherapynetwork.wordpress.com/>

Art Happenings

Art opening at 50 Penn Place Art Gallery on July 13th, 2012 from 6:00 - 8:30 pm. Come see the art and meet the artists!

First Friday Art Walk on the Paseo, July 6th (6pm - 10pm) and Saturday, July 7th (noon till 6pm).



"Learning is not attained by chance. It must be sought for with ardor and attended to with diligence."

~ Abigail Adams

What is ATAO?

Founded in 1980, and an affiliate chapter of the American Art Therapy Association (AATA), this statewide organization, the Art Therapy Association of Oklahoma, is made up of art therapy professionals, students, and friends. ATAO is dedicated to the continued growth, education, and public awareness of art therapy. We invite you to visit our membership and join us if you are not already a member.

ATAO members throughout the state are working in varied settings, from residential treatment programs to educational settings to private practice. Membership benefits include a free subscription to the bimonthly newsletter, the opportunity to participate in retreats, conferences, open studios and other activities, and listing in the ATAO directory.

2011-2012 ATAO Officers

PRESIDENT: Suzanne Morris

PRESIDENT-ELECT: Kay Foster

SECRETARY: Misti Vekas

TREASURER: Kathy Carnes

CHAPTER DELEGATE: Aimee Rook

ALTERNATE DELEGATE: Verletta Russell

COMMITTEE CHAIRS

Governmental Affairs/Ethics: Verletta Russell

Conference/Retreat Committee:
Maureen Harvey, Pat Lynn Moses, Suzanne Morris

Membership: Kathy Carnes

Marketing, Art Exhibits & Fundraising:
Mary Lou Moad, Susie Games, Sharon Allred

Nominations: Aimee Rook

ATAO News is published quarterly in February, April, July, and October. Please send your submissions by the 15th of the month preceding publication to:

Phyllis Pennington at pennicole@gmail.com.

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ATAO Membership Application

Name and Credentials: _____

E-mail Address: _____

Mailing Address: _____

City, State, Zip: _____

Home Phone: _____ Other Phone: _____

Check All That Apply: I am able to provide supervision for: ATR LPC LMFT
 Other (Specify) _____

ATAO ID#: _____ Category: _____

AATA ID#: _____ Category: _____

Professional—\$20/Year—An individual who is an ATR or an active professional member of AATA. Professional members may vote, hold office, and serve on committees. You must provide proof of membership in AATA.

Associate—\$15/Year—An individual who is a member of AATA, and is interested in the therapeutic uses of art. Associate members may not vote or hold office, but may serve on committees with application approval. You must provide proof of membership in AATA.

Student—\$10/Year—An individual who is currently enrolled in art therapy or related coursework. Student members may serve on committees with application approval. You must provide proof of student membership in AATA.

Friend—\$10/Year—An individual interested in the association's activities and programs, but is not a member of AATA. Friends may serve on committees with application approval.

Dues are payable through your AATA membership or directly to ATOA. Mail this application along with your check to:

ATOA
PO Box 20231
OKC, OK 73156-0231