

# atao news

published by the art therapy association of oklahoma  
an affiliate of the american art therapy association

**february 2013**

## message from the president...

HI ATA.O....

Our annual conference is fast approaching. It is scheduled for **Saturday, April 6** at the Veterans Administration in the Health Wing, OKC, same as last year. We are very fortunate to have **Dr. Madeline Rugh** as our keynote speaker! The theme is titled "The Art of Living in the Present. Mindfulness in a Busy World." Dr. Rugh will also conduct a break out session with a walk through the VA's new labyrinth. Madeline is a registered art therapist, board certified with a PhD in adult and community education. Her spiritual directions will no doubt add depth and meaning to her presentation.

On **April 5**, Pat Webb, executive director of the Silence Foundation, will lead "Mindfulness Practice in Art Therapy", providing new skills for yourself and your clients with practice, art and reflection. It will be at the Rainbow Fleet at 3024 Paeo in OKC. Located in the historic Paseo district, this will be first Friday so the galleries will be open in the evening starting around 6.

LOTS of CEU's will be available for both days. No better way to collect required CEU's than attending art therapy offerings!

Joan Phillips has secured a date for us on **September 28** for our **fall retreat**. It will be at Vicki Maenza's house east of Norman, same as last year. If you missed our retreat last year, here is your chance to experience 32 acres in a restful setting, with a professional and large studio space. It was and will be again an amazing retreat. Vicki prepared a wonderful vegetarian lunch. *Pics of last year's retreat are in this newsletter!*

So, please save Sept. 28 on your calendar for our fall retreat. You can check out the conference flyer elsewhere in this newsletter for details on the conference and Friday workshop.

Hope you are having a good enough 2013.

**Suzanne Morris**

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## member news & announcements...

**Pam Rice** has joined 3 other artists in a jewelry studio and retail space called METALmorphis. It is located at 4817 South Peoria in Tulsa (Brookside area). The hours are sketchy so the store is open by appointment. I would love for anyone to stop by and see it! I am there on Fridays but please call first - 918-381-6234. I will be having an open house in the next couple of months, and will keep you posted! - **Pam Rice, ATR, LPC**

**Valerie Bjerk** was wondering if ATAOK has any instructors who teach art therapy to cancer patients? Patient Resources Coordinator, Stephenson Cancer Center, 800 NE 10th St, Suite 3101, Oklahoma City, OK 73104

**Phone:** 405-271-8001 ext.48600; Fax:405-271-6800

**email:** [valerie-bjerk@ouhsc.edu](mailto:valerie-bjerk@ouhsc.edu); **website:** [www.OklahomaCancerCenter.org](http://www.OklahomaCancerCenter.org)

**University of British Columbia (UBC) & BC Children's Hospital, Vancouver** is informing art therapists about the *4th International Brain Development & Learning Conference: Making Sense of the Science* that will take place this summer (July 24-28) in Vancouver, BC, Canada. Prof. Adele Diamond, PhD, FRSC, Canada Research Chair Tier 1 Prof. of Devel. Cognitive Neuroscience, Dept. of Psychiatry, UBC and BC Children's Hospital, Vancouver. For more information on the conference contact Dr. Diamond, <http://psychiatry.ubc.ca/person/adele-diamond/>. The link to the flyer for this conference is: <http://ataok.org/conferences/wellness-seminar-conference.pdf>.

**Kate V. Mack [AATA]** would like to invite you to attend an exciting half-day course at the 2013 American Art Therapy Association Conference [June 26-30, 2013] in Seattle on June 30<sup>th</sup>. For more info on the AATA 2013 Conference, visit <http://www.arttherapyconference.com/>.

## Opportunities

### Earn CEUs

**AATA 2013 Conference** in Seattle, WA - June 26-30<sup>th</sup>

**ATAOK 2013 Conference** - April 6<sup>th</sup> and **Pre-Conference Workshop** - April 5<sup>th</sup> - 5 CEUs [conference]; 6 CEUs [workshop]

**Art Therapy Discovery Day** - March 9<sup>th</sup> - Emporia State University, Emporia, KS

AATA 2013 Conference half-day course - The Mural Connection: Exploring Attachments through Collaborative Artwork (PS1080)



This course will address the collaborative creation of murals as a treatment modality for restructuring interpersonal skills and attachment approaches. Attendees will participate in an experiential exercise and examples will be given from clinical treatment of adults who are dually-diagnosed with mental illness and chemical dependency.

Advanced Practice Half Day Course, SUNDAY, JUNE 30, 2013, 8:00 am to 11:00 am (3 CECs)

There will be a presentation, followed by collaborative art-making and discussion.

While examples of artwork will be from my work with dually-diagnosed adults, this course will be relevant to a variety of populations, as the main objective is to explore the use of collaborative art-making to address interpersonal skills and attachment approaches. Following a clinical presentation that explores attachment and provides examples of artwork, you will have an opportunity to create a mural, round-robin style, with other attendees. We will then have a discussion about the experience in the context of attachment and its role in treatment.

This course is based on the work created in a weekly Mural Group with adults, as well as my research on attachment styles and their role in treatment. In my work, I have been consistently amazed at the power of collaborative art-making and hope that you will take this opportunity to join me in this exploration! It is an opportunity to explore a meaningful treatment modality, as well as get some ideas for your own practice!

ATAO Fall 2013 Retreat will be held on September 28th at Vicki Maenza's house east of Norman, [same as last year].



## **Some links you might find of interest...**

Social Justice Art Therapy:

<http://www.socialjusticearttherapy.blogspot.com/>

Art Therapy Volunteer Action Center:

<http://atvolunteeractioncenter.wordpress.com/>

Global Art Therapy Network:

<http://arttherapynetwork.wordpress.com/>

Eckhard Tolle website - creating a new earth together

<http://www.eckharttolle.com/>

## **Robert Genn Twice-Weekly Letter**

### **Your art in the movies**

Recently, a fellow painter phoned to tell me that one of his galleries had asked him to sign a "Motion Picture Exposure Agreement." From time to time the dealer might rent his work to motion picture productions, take

a small fee and give little or nothing to the artist. "It's good publicity," said the dealer. I told my friend to go ahead and sign, but to make sure they kept him in the loop ahead of time on each deal.

In my thinking, getting paid is of less concern than knowing what kind of film your work is going into and in what context the work will be shown. I won't, for example, allow my work to be shown in any kind of brutal or gun-oriented movie. "Driving Miss Daisy" is more my kind of film.

Product placement is big business. Brewers pay big bucks to have stars slosh their brew. Automobiles, household furniture, even lamps and coffee table dingbats vie for your eye and are often sponsored.

I'm one of those guys who has some of his stuff listed with a prop rental company. So far I've turned down calls for my '69 E-Type Jaguar roadster. I just can't see my girl in a deodorant commercial. I want her to be like the Ferrari in "Ferris Bueller's Day Off"--the star of the show--with lots of low-angle lingering shots at sunset. My car is, after all, art.

I rued the day I rented myself and my 1921, 30ft open launch, Miss Reveller, to a Disney production. Changing the boat's name to Ms. Ugli, they had me roar around in the pouring rain. The guy sitting beside me had dynamite strapped to his body. There were two storm-troopers with caulk boots and machine guns standing on the bow. When I got home, the \$700 a day they paid me didn't cover the refinishing of the mahogany deck. Never again.

Regarding rentals of art, most galleries carry the insurance for you. Make sure of this. While production companies tend to treat your stuff very well indeed, a couple of my paintings have come back with damaged frames. Also, make sure no blood is going to be spilled. Splashes of non-tomato-type fake blood are difficult to remove from the linen liners of frames. Besides, I really don't think you want your work in that type of movie.

Best regards, **Robert**

PS: "Always ask for your name in the credits." (Zeke Malone, '20s Hollywood muleskinner)

Esoterica: This weekend we're all at the Santa Barbara Film Festival for the premiere of the gentle and charming "Old Stock," the first feature film directed by our son James. James used a couple of my paintings, as well as those of his sister, Sara. He got our stuff for free. The twins' brother, Dave Genn, composed and directed the musical score. Dave got paid. As they say, nepotism is okay provided you keep it in the family. I offered myself as an actor at scale but was unfortunately rejected. I tried free but that also failed.



## so many books...so little time

### The Sustainable Vegetable Garden

by John Jeavons and Carol Cox



Jeavons and Cox pair up to give a really good overview of what makes a garden sustainable and why sus-

tainability is important in planning, planting and tending plants whether for food or to improve one's environment. They also give good advice on how to approach sustainability and how to achieve that goal.

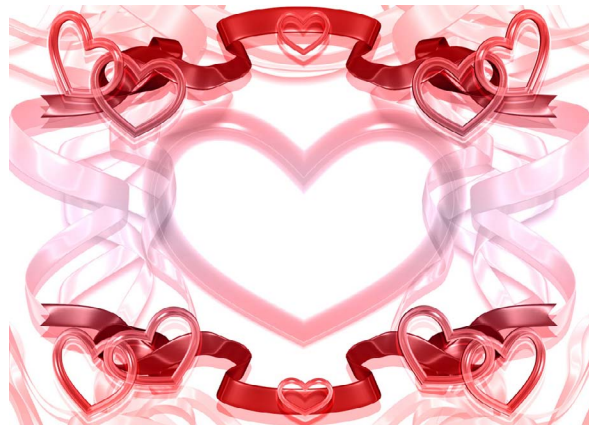
### **The Disaster Preparedness Handbook**

by Arthur T. Bradley, PhD



Bradley works as a senior engineer for NASA and has volunteered in many organizations over the years. Being an Army veteran, father of four, martial arts expert and a homeschooler, he decided to write a book about common sense ways to survive our many natural disasters and to teach others how to protect themselves and their loved ones during a local, regional or national disaster. His research and thoughtful suggestions are helpful in learning how to get prepared and help our communities stay prepared for the common disasters and disruptions, such as tornadoes, to the extreme stuff like earthquakes and volcanic eruptions.

I found the book to be extremely well researched, well organized and helpful in assessing my situation and taking steps to get more prepared for the natural disasters that occur in Oklahoma. This is a good read for anyone desiring to learn more about civil defense and upgrading their awareness of how to help themselves and others when disaster strikes.



**Pics from last year's fall retreat follow  
on pages 6-8**



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Art making.jpg



Art work in the making.jpg



Jamie visits from Pennsylvania.jpg



Art-Materials.jpg



Bethany intensely painting.jpg



OnTheVeranda.jpg



Relaxed-chatting.jpg



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More-Art-Materials.jpg



Verletta's people.jpg



Kris Newlin into her work.jpg



Kimberly, student at OU.jpg



Our president, Suzanne.jpg



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Susieworkingonhercanvas.jpg



Joan with her altered book.jpg



More art.jpg



Suzanne and Aimee .jpg



Susie Verletta and Joan.jpg



"The thing about creative thinking is that it can happen anywhere, in any field." ~ Sir Ken Robinson

## What is ATAo?

Founded in 1980, and an affiliate chapter of the American Art Therapy Association (AATA), this statewide organization, the Art Therapy Association of Oklahoma, is made up of art therapy professionals, students, and friends. ATAo is dedicated to the continued growth, education, and public awareness of art therapy. We invite you to visit our membership and join us if you are not already a member.

ATAo members throughout the state are working in varied settings, from residential treatment programs to educational settings to private practice. Membership benefits include a free subscription to the bimonthly newsletter, the opportunity to participate in retreats, conferences, open studios and other activities, and listing in the ATAo directory.

## 2012-2013 ATAo Officers

**PRESIDENT:** Suzanne Morris

**PRESIDENT-ELECT:** Kay Foster

**SECRETARY:** Misti Vekas

**TREASURER:** Kathy Carnes

**CHAPTER DELEGATE:** Aimee Rook

**ALTERNATE DELEGATE:** Verletta Russell

### COMMITTEE CHAIRS

*Governmental Affairs/Ethics:* Verletta Russell

*Conference/Retreat Committee:*  
Maureen Harvey, Pat Lynn Moses, Suzanne Morris

*Membership:* Kathy Carnes

*Marketing, Art Exhibits & Fundraising:*  
Mary Lou Moad, Susie Games, Sharon Allred

*Nominations:* Aimee Rook

ATAo News is published bimonthly in February, April, June, August, October and December. Please send your submissions by the 15th of the month preceding publication to:

**Phyllis Pennington** at [pennicole@gmail.com](mailto:pennicole@gmail.com).

## ATAO Membership Application

Name and Credentials: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Check All That Apply: I am able to provide supervision for: \_\_\_\_\_ ATR \_\_\_\_\_ LPC \_\_\_\_\_ LMFT  
\_\_\_\_\_ Other (Specify) \_\_\_\_\_

ATAO ID#: \_\_\_\_\_ Category: \_\_\_\_\_

AATA ID#: \_\_\_\_\_ Category: \_\_\_\_\_

**Professional**—\$20/Year—An individual who is an ATR or an active professional member of AATA. Professional members may vote, hold office, and serve on committees. You must provide proof of membership in AATA.

**Associate**—\$15/Year—An individual who is a member of AATA, and is interested in the therapeutic uses of art. Associate members may not vote or hold office, but may serve on committees with application approval. You must provide proof of membership in AATA.

**Student**—\$10/Year—An individual who is currently enrolled in art therapy or related coursework. Student members may serve on committees with application approval. You must provide proof of student membership in AATA.

**Friend**—\$10/Year—An individual interested in the association's activities and programs, but is not a member of AATA. Friends may serve on committees with application approval.

Dues are payable through your AATA membership or

c/o ATAO  
P.O. Box 20231  
Oklahoma City, OK 73156-0231

