

atao



news

published by the art therapy association of oklahoma
an affiliate of the american art therapy association

april 2013

message from the president...

ATAO is happy to report that the 2013 Art therapy conference On April 6 at the VA was a resounding success. Madeline Rugh was wonderful as our keynote speaker as she addressed mindfulness in our busy world. We had six breakout sessions which provided many healing alternatives for our work as art therapists.

Our make and take table was creative. We also swapped art supplies which was even more fun. In the Market Place several of our own artists sold their own work including jewelry, paintings multi media and woven fiber. On Friday Pat Webb lead a workshop in the Rainbow Fleet room on the Paseo; the room was relaxing with dimmed lights and art directives which can be utilized for ourselves and in our work environment with clients. ATAO thanks the Rainbow Fleet people (Pat Lynn Moses) and the VA (Maureen Harvey and Dawn Truby) for providing us with the spaces needed for our workshop and conference. We couldn't have done it without you!!!!!!!!!!!!!!

ATAO has a fall retreat scheduled in east Norman just like last year, same location. This time it is scheduled for **September 28th** with the same format, very relaxed creativity with sharing of art supplies (optional) in a fantastic studio space on 30 acres. SAVE the DATE as this is a great way to earn CEU's, eat incredible food, and connect with each other. We will also spend the night on Friday, Sept. 27 at the Post Office hotel just like last year, with our board meeting Friday night in the conference hotel meeting room. Joan is in charge again this year; she will have the details.

ATAO is flourishing as we had a 30% increase in membership just from the conference. Three professionals and three friends joined that day.

We appreciate your continued support of our organization.

~~~~~  
***In This Issue***  
~~~~~

| | | | |
|--|------|--|----|
| <i>President's Letter</i> | 1-2 | <i>Workshops etc</i> | 8 |
| <i>member news</i> | 2 | <i>Robert Genn's newsletter</i> | 8 |
| <i>conference news etc.</i> | 3, 7 | <i>What is ATAO?</i> | 9 |
| <i>Photos from 2013 Conference</i> | 3-7 | <i>ATAO Membership Application</i> | 10 |

Joan has scheduled a FREE grant writing workshop on Saturday June 22 from 10 a.m.-3 p.m. with 4.5 CEU's pending.

It is geared towards creative therapists in general and is being sponsored by the Oklahoma Arts Council. ATA0 is providing FREE lunches. There are just a few spaces left so sign up! It will be held at the Jim Thorpe Bldg., 2101 N. Lincoln Blvd. Suite 640 OKC

Kudos to Joan for scheduling the grant writing workshop and the retreat. We were bummed that you were sick and missed the conference.

Well, this is plenty for this newsletter; hope you are having a happy spring!

suzanne morris, president



member news...



Suzanne Morris: This is my painting which is going to be in the "Rudderless" movie that William H. Macy is filming in OKC right now.

Coretta Harding is ATA0's 2013 Delegate to the Seattle Washington Conference.

ATA0 2013 Conference News

• ATA0 Conference held at V.A. hospital, OKC (April 6th) on topics of Mindfulness. Three other states were represented by attendees: Kansas, Wyoming, and Texas! We held a Silent Auction, walked a labyrinth led by Madeline Rugh, who was also our key note speaker; and offered an "Art Market", where any one could bring their art to sell. It was very successful! All of it.

- Mindfulness Workshop was offered day before, led by Pat Webb. That was also well attended and held in the Paseo district, OKC.

ATA0 Board News

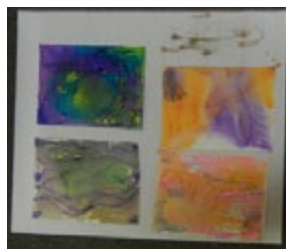
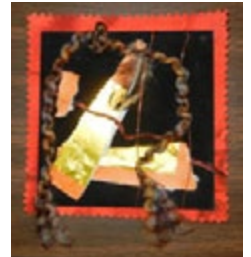
- The Board has met Quarterly.
- Membership increased by **30%** — 3 professionals and 3 friends.
- Future: We are looking at partnering with social action against Human Trafficking. Creating some collaborative effort for the cause.
- ATA0 will sponsor lunch for upcoming **June 22** grant writing workshop.

- Want to know how other chapters are handling dwindling interest in their members attending meetings and voting in officers; getting new “blood” into their chapter. Getting students involved to help build interest in future of chapter. Topic of discussion — burned out officers within the chapter.

Maureen Harvey, ATR-BC, LPC, will be on a panel discussion at the AATA Conference in Seattle, WA this June, talking about the “Resilience Through Art, The Army Project”, along with Martha Haeseler, Lani Gerity, and Susan Anand. In 2011 - 2012 they wrote a book, “Resilience Through Art” and traveled to Army Bases around the U.S. to train Arts and Crafts Managers about deployment, PTSD, military sexual trauma, mental illness and art projects that help build resiliency. The Panel Discussion takes place Friday at 10:15 a.m.

Conference news . . .

Suzanne Morris attended both the Pre-Conference Workshop, presented by Pat Webb, and the AATA 2013 Conference. She took photos for us to enjoy. Following are those photos. Enjoy! (continued on page 7)



published by the art therapy association of oklahoma
an affiliate of the american art therapy association
april 2013



published by the art therapy association of oklahoma
an affiliate of the american art therapy association
april 2013



published by the art therapy association of oklahoma
an affiliate of the american art therapy association
april 2013





Conferences etc. continued from pg. 3

Check out the [AATA April 2013 Chapter Update](#) on our website for more information on what's happening nationally.

Workshops etc...

ATAO Fall Retreat was held last September, 2012 at an Art Studio in Norman and we plan a “second round” again, this September at the same place — we loved reconnecting, sharing art supplies and ideas in such a relaxing and refreshing venue.

Hot to Trot - Ethics & Emotions: If you haven’t gotten your 3 CEUs in ethics yet, consider attending “Hot to Trot, Ethics and Emotions” from Groundworks First, LLC. It’s described as “an Equine-Assisted Learning Experience for Mental Health Professionals” and one of the facilitators is Madeline Rugh, PhD, our keynote speaker at our ATAo conference. Besides interacting with the horses, it includes writing/artwork. Maureen Harvey has attended the two previous years and has found it to be enlightening and fun. Hot to Trot is being offered from **8:30 a.m. - 4 p.m. on May 18 and June 8, 2013**. See the flyer on our website - ataok.org/calendar.html for more details.

Robert Genn Twice-Weekly Letter

First prize

The other day I was rummaging through some old schooldays papers--report cards, notes from girls, etc, and I came across a blue card for First Prize in Junior Watercolour. Scratching my brain and reading the material on the card, I realized this was my first recognition beyond my family and school that I was an artist. The year was 1950, I was 14, and the painting was of hummingbirds. So you know I’m not joshing, we’ve put the card at the top of the current clickback.

I’d been cycling on a quiet pathway in Beacon Hill Park in Victoria, B.C., when I happened on the nest of a Rufous hummingbird. I sketched the nest while the two birds hovered nearby, scolding me, even buzzing the red binder of my notebook. When I got home, I copied my drawing to a piece of rough Whatman’s and painted the nest, birds and all. I erased the pencil lines with an art-gum that left what I figured was a fresh watery watercolour. My dad found an old frame and I cycled my effort to the fair.

The day the fair opened, a woman phoned to say she and her husband had bought it. Birders from Portland, Oregon, they “just couldn’t resist the hummers.” I was amazed. Not only had I enjoyed painting it, now I was a winner and was to be paid \$15.00. My “charmed life” syndrome kicked in and I offered to meet them and take them to see the “actual birds.” We met at the park and I led them quietly along the path only to find the hummers had checked out.

I’m sure we all have such pivotal events. The kid suddenly becomes a footballer, a veterinarian or a politician. That day I became a painter. I now knew what I needed--freedom of the pathways, freedom to do as I wished with what I saw, freedom to catch wonder before it disappeared, freedom to become proficient and the freedom to sign my own name to whatever at will.

My hummingbird painting has of course disappeared into the Diaspora. I’m sure the painting is not as good as I thought it was at the time. But my dream has become my story. Perhaps it’s your dream, too. If it is, stick with it; it’s a good dream.

Best regards, Robert

Bigotry by any other name is still foolish, costly and self-destructive. If the seeds of bigotry blow into your garden, gather them up, toss them out and dig out any that may have started to grow.

Garden of the Mind

What is ATAo?

Founded in 1980, and an affiliate chapter of the American Art Therapy Association (AATA), this statewide organization, the Art Therapy Association of Oklahoma, is made up of art therapy professionals, students, and friends. ATAo is dedicated to the continued growth, education, and public awareness of art therapy. We invite you to visit our membership and join us if you are not already a member.

ATAo members throughout the state are working in varied settings, from residential treatment programs to educational settings to private practice. Membership benefits include a free subscription to the bimonthly newsletter, the opportunity to participate in retreats, conferences, open studios and other activities, and listing in the ATAo directory.

2012-2013 ATAo Officers

PRESIDENT: Suzanne Morris

PRESIDENT-ELECT: Kay Foster

SECRETARY: Misti Vekas

TREASURER: Kathy Carnes

CHAPTER DELEGATE: Aimee Rook

ALTERNATE DELEGATE: Verletta Russell

COMMITTEE CHAIRS

Governmental Affairs/Ethics: Verletta Russell

Conference/Retreat Committee:
Maureen Harvey, Pat Lynn Moses, Suzanne Morris

Membership: Kathy Carnes

Marketing, Art Exhibits & Fundraising:
Mary Lou Moad, Susie Games, Sharon Allred

Nominations: Aimee Rook

ATAo News is published bimonthly in February, April, June, August, October and December. Please send your submissions by the 15th of the month preceding publication to:

Phyllis Pennington at pennicole@gmail.com.

ATAO Membership Application

Name and Credentials: _____

E-mail Address: _____

Mailing Address: _____

City, State, Zip: _____

Home Phone: _____ Other Phone: _____

Check All That Apply: I am able to provide supervision for: ATR LPC LMFT

Other (Specify) _____

ATAO ID#: _____ Category: _____

AATA ID#: _____ Category: _____

Professional—\$20/Year—An individual who is an ATR or an active professional member of AATA. Professional members may vote, hold office, and serve on committees. You must provide proof of membership in AATA.

Associate—\$15/Year—An individual who is a member of AATA, and is interested in the therapeutic uses of art. Associate members may not vote or hold office, but may serve on committees with application approval. You must provide proof of membership in AATA.

Student—\$10/Year—An individual who is currently enrolled in art therapy or related coursework. Student members may serve on committees with application approval. You must provide proof of student membership in AATA.

Friend—\$10/Year—An individual interested in the association's activities and programs, but is not a member of AATA. Friends may serve on committees with application approval.

Dues are payable through your AATA membership or

**c/o ATAO
P.O. Box 20231
Oklahoma City, OK 73156-0231**